



**EXPERTS IN ARTHRITIS: UPDATES ON RHEUMATOID ARTHRITIS,
OSTEOARTHRITIS AND JUVENILE ARTHRITIS**

**A FREE PUBLIC SEMINAR FOR PEOPLE WITH ARTHRITIS
AND FOR PEOPLE WHO CARE**

**SATURDAY, NOVEMBER 10, 2007
1:00 – 4:30 P.M.**

**WESTIN BOSTON WATERFRONT HOTEL
425 SUMMER STREET, BOSTON, MA**







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PROGRAM

- 12:00 – 1:00 p.m. Registration
- 1:00 – 2:20 p.m. General session – Grand Ballroom C-D-E
- 1:00 – 1:10 p.m. **Moderator:** Steven Goldring, MD
Chief Scientific Officer
Hospital for Special Surgery
New York, NY
- 1:10 - 1:20 p.m. **Welcome and Overview of the Day**
Neal Birnbaum, MD
President
American College of Rheumatology
Pacific Rheumatology Associates
San Francisco, CA

John Klippel, MD
President and CEO
Arthritis Foundation
Atlanta, GA
- 1:20 – 1:40 p.m. **Burden of Disease and Importance of Advocacy**
- The facts and figures
 - Patients and their families: Essential role in advocating for improved care, more research, quality of life, access to care
 - Current issues and how to play a part
- Speaker:** Rowland Chang, MD, MPH
Professor of Preventative Medicine (Rheumatology),
and Physical Medicine and Rehabilitation
Northwestern University Feinberg School of Medicine
Chicago, IL



1:40 – 2:00 p.m. **The Role of the Patient in Disease Management**

- Self-management
- Role of exercise
- Nutrition
- Access to care

Speaker: Kate Lorig, RN, DrPH
Director
Stanford Patient Education Research Center
Stanford University
Palo Alto, CA

2:00 – 2:20 p.m. **Get a Grip: Practical Strategies to Take Control of Arthritis**

- The role of attitude and beliefs in decision-making
- Problem-solving and assessing change in health status
- How communication makes a difference in treatment effectiveness

Speaker: Amye Leong, MBA
President and CEO, Healthy Motivation
Spokesperson, Bone and Joint Decade 2000-2010
North Wales, PA, and Paris, France

2:20 – 2:30 p.m. Travel to breakout rooms

2:30 – 3:30 p.m. Three concurrent workshops

Panelists will make short presentations covering directions in research, clinical trials, new therapies, and what's on the horizon. Following the presentations there will be an extensive question and answer period.

Commonwealth Ballroom A

Clinical and Research Updates on Osteoarthritis

Moderator: Maura Daly Iversen, PT, DPT, SD, MPH
Professor and Associate Director
Division of Rheumatology, Immunology and Allergy
MGH Institute of Health Professions
Boston, MA

Panelists: Marc Hochberg, MD, MPH
Professor of Medicine and Epidemiology
and Preventative Medicine
Head, Division of Rheumatology and Clinical
Immunology
University of Maryland School of Medicine
Baltimore, MD

Roland Moskowitz, MD
Professor of Medicine
Director, Rheumatology Clinical Research Unit
Case Western Reserve University
Cleveland, OH



Marie Westby, BSc (PT), PhD Candidate
Mary Pack Arthritis Program, Vancouver Coastal Health
Rehabilitation Sciences Research Graduate Program
University of British Columbia
Vancouver, BC, Canada

Anthony Woolf, MBBS, FRCP
Professor
Duke of Cornwall Rheumatology Unit
Royal Cornwall Hospital
Truro, Cornwall, England

Commonwealth Ballroom C

Clinical and Research Updates on Rheumatoid Arthritis

Moderator: Elinor Mody, MD
Staff/Instructor, Harvard Medical School
Active staff, Divisions of General Medicine and
Rheumatology
Co-director, Center for Skin and Related Musculoskeletal
Disease
Brigham and Women's Hospital
Boston, MA

Panelists: David Fox, MD
Professor and Chief, Division of Rheumatology
Director, Rheumatic Disease Core Center
University of Michigan
Ann Arbor, MI

Allan Gibofsky, MD, JD
Professor, Departments of Medicine and Public Health
Weill Medical College of Cornell University
New York, NY

Geri Neuberger, RN, EdD
Professor, School of Nursing
University of Kansas Medical Center
Kansas, KS

Michael Schiff, MD
Clinical Professor of Medicine
University of Colorado School of Medicine
Denver Arthritis Clinic
Denver, CO

Vibeke Strand, MD
Adjunct Clinical Professor of Medicine
Division of Immunology and Rheumatology
Stanford University
Portola Valley, CA



Commonwealth Ballroom B

Clinical and Research Updates on Juvenile Arthritis

Moderator: C. Eglar Rabinovich, MD, MPH
Co-Chief, Pediatric Rheumatology
Duke University Medical Center
Durham, NC

Panelists: Carol Henderson, PhD, RD
Epidemiologist
Hatton Institute for Research and Education
Good Samaritan Hospital
Cincinnati, OH

Peter Nigrovic, MD
Instructor of Medicine, Harvard Medical School
Staff Rheumatologist
Children's Center Hospital Boston
Director for Adults with Pediatric Rheumatic Illness
(CAPRI)
Brigham and Women's Hospital
Boston, MA

Christy Sandborg, MD
Professor and Chief, Pediatric Rheumatology
Stanford University School of Medicine
Stanford, CA

3:30 – 4:30 p.m. Guest Pass to ACR Exhibit Hall (Convention Center)

Refreshments and snacks will be provided.

With special thanks to the Arthritis Foundation Chapters of Massachusetts, and Northern and Southern New England, and also to Association of Rheumatology Health Professionals, a division of the ACR.

